

# Enrichment

The action of improving or enhancing the quality or value of something

As you have adventured through the kennels you may have noticed the dogs digging into a box, eating a Kong, or trying to pick into a cut up tennis ball. These are all different enrichment items we have prepared for our dogs.

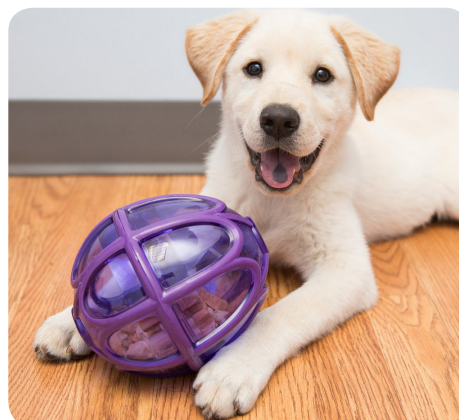
## Why use enrichment?

- It mentally stimulates our dogs.
- Lowers stress.
- Increases problem-solving abilities.
- Encourages them to learn more efficiently.
- Keeps them busy!

We highly encourage you to bring these enrichment ideas into your home when adopting your new dog! 10 minutes of mental stimulation is equal to a 30-minute walk.

**Bring on the enrichment!**

**Puzzle Feeders or Slow Feeders are great tools to slow down your speedy eater.**



**Puzzle toys can vary from easy to challenging – see what your dog can figure out!**



Try stimulating your dogs' senses through sensory enrichment. Sprinkle non-toxic spices or herbs (cinnamon for example) on their favorite toy & let them use that nose of theirs.

**Enrichment ideas are endless! Just search for “dog enrichment” and you will find hundreds of different ways to mentally stimulate your dogs. Whether it is social, cognitive, physical or sensory enrichment – your pup will thank you!**



**Create a PUPsicle! Freeze dog food/ broth and treats! These are especially nice for those hot Florida days!**

